



An Open Cookbook

Amanda Chantal Bacon, the founder of the L.A.-based wellness brand Moon Juice, owns countless cookbooks but can't remember ever having followed a recipe, preferring to page through them for inspiration, often in bed.

To that end, she sees her own first book, out next month, as more guide than manual, for anyone who wants to rethink their entire food philosophy - though it does contain recipes, 75 of them, for things like green-juice-and-kelp gazpacho, almond milk kefir and chia sesame dough. - HILARY MOSS



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SHORT LIST

The new HBO show "High Maintenance" center on a New York City weed dealer making his delivery rounds, but the real subjects are his ustomers, described by the show's creators, husband and wife Ben Sinclair and Kata Blichfield (Sinclair also stars), as "humans just trying to maintain." Here, the coupe's five favorite documentaries about real-life characters doing the same.



I THINK WE'RE ALONE NOW Two social misfits — a middle-aged man with Asperger's and a self-described intersex woman — are both obsessed woman — are both obsessed with the '80s pop sensation Tiffany. The filmmaker connects the pair and you couldn't make up the results.



CAT DANCERS CAT DANCERS
Turns out that Siegfried and
Roy are just the tip of the keeberg
in the genre of exotic east
entertainment. This is the
equally haumting and amusing
story of a lesser known act,
set sgainst the awampy backdrop
of northern Florida.



THE UP SERIES THE UP SERIES
Director Michael Aptod is
commitment to his subjects over
decades benalfully captures the
spectrum of the human
experience. It's as engaging as
any great serialized drams, while
maintaining lisser focus on the
banality of passing time.



MARWENCOL Irmost unique tale of a refmed alcoholic. Mark sgancamp recovers for a violent assault as a sw man, devoted to bepturing a richly imined fictional town in hilly detailed dioramss.



AN HONEST LIAR
Follow world-famous magician
and escape artist James "The
Arnacing" Randi on his quest
to expose phonies who use
principles of magic to swindle.
While cruly skilled in the art of
debunking. he has a billed spot
on his personal life.